

SAM-O-GRAM

July 2026



WHO WE ARE

OFFICERS

President

Martha Lageschulte 303.929.9064

Vice President

Linda Kitzman 303.794.7136

Recording Secretary

Pam Buhl..... 303.915.1725

Corresponding Secretary

Tammy Linnert 303.908.4541

Treasurer

Terry Walb 303.204.1453

BOARD

Tamara Barach 614.753.8531

Dan Elvera 720.344.4562

Lorrie McAllister 720.308.2019

Sue Wangerin 720.879.8741

COMMITTEES

Agility

Terry Walb 303.204.1453

Awards

Kristi Schopfer 303.838.9848

Cheer

Donna Dannen 303.670.8053

Colorado Legislation Liaison

Pam Buhl..... 303.915.1725

Lorrie McAllister 720.308.2019

FastCAT

Tammy Linnert 303.908.4541

Hospitality - Holiday Party

Tammy Linnert 303.908.4541

Hospitality

Linda Kitzman 303.794.7136

Tammy Linnert 303.908.4541

Information Technology

Cathy An..... 443.610.2348

Lori Elvera..... 720.344.4562

Tammy Linnert 303.908.4541

Lorrie McAllister 720.308.2019

Local Specialty '26

Lori Elvera..... 720.344.4562

Local Specialty '27

Cheryl Martin 970.396.1811

Sam-O-Gram

Martha Lageschulte 303.929.9064

Social Media

Lori Elvera..... 720.344.4562

Pam Buhl..... 303.915.1725

Denver Samoyed Rescue

Sue Wangerin 720.879.8741

PRESIDENT'S REPORT

We will be discussing the Local Specialty location/date options at the next meeting via Zoom!

The information is in the following pages in this newsletter - the pages outlined in green. We will be discussing the pros and cons of each option, but will not be voting at this meeting.

Hope you see you all there!

Martha Lageschulte
DSA President

Meeting Date and Location for July Meeting

July 20, 2026

6:45 pm

Zoom

Watch for the link in your email!

**DSA June Membership Meeting -
Monday, June 15, 2026**

Natural Grocers, Wheat Ridge

Meeting called to order 6:45 pm

Present: Martha Lageschulte, Linda Kitzman, Tammy Linnert, Greg Linnert, Julie Morris, Pamela Buhl, Terry Walb, Cheryl Martin, JoDee Putnins, Dan Elvera, Lori Elvera, Tamara Barach, Lorrie McAllister, Samantha Streweler, Shanan Streweler, Rodney Martin, Rachel Paulson, Jan Cherne, Kent Cherne.

Guest: Diana Healy

May meeting minutes approved.

President: Martha Lageschulte

No report.

Vice President: Linda Kitzman

Linda Kitzman made the first reading of Diana Healy's application to be an Associate Member. Diana owns CH Azteca's Untamed Elegance, shown by Judy Mears.

Vote taken to approve Diana as an Associate Member. Welcome Diana!

Recording Secretary: Pam Buhl

As Donna Dannen is moving out of state, the board has appointed Pam Buhl to fulfill the remainder of her term.

Corresponding Secretary: Tammy Linnert

We received a request from CSU to donate to their 4H Dog Trials. DSA donated \$75 last year to support the 4H event. This helps purchase items for the children involved in the event. Several of the juniors mentored by JoDee who are showing in AKC events now came up through the 4H organization.

Motion 26-009: Motion was made by Pam Buhl, DSA donates \$75.00 to the 2026 4H Dog Trials hosted by CSU. Second by Rodney Martin. Approved

If you are interested in being on the nominating committee, please contact a board member.

Treasurer: Terry Walb

General fund: \$30,427.80

Rescue: \$9,768.59

CD: \$26,674.61

Our bank, First Bank, is transitioning to PNC Bank.

Board: Tamara Barach, Dan Elvera, Lorrie McAllister, Sue Wangerin

No report.

Committees

Agility: Terry Walb

No report.

Awards: Kris Schopfer

We have not received the invoice for the plaques and tags for 2025. Company was contacted multiple times.

Cheer: Donna Dannen

Donna would like to continue doing Cheer. She has not yet had time to send out the cards to members for June.

Colorado Legislation Liaisons: Pam Buhl, Lorrie McAllister

The Colorado Legislature is in recess. There are several bills related to pet ownership that passed this legislative session. HS26-1011 was passed and signed on April 29, 2026. It prohibits pet stores from selling dogs and cats, bans brokers from selling pets in Colorado, and prohibits anyone from selling or transferring more than 3 dogs in a year. This does not apply to dogs bred by the seller or rescues.

Also passed was a bill involving the review and continuation of the Pet Animal Care and Facilities Act (PACFA). This has passed, with an increase in fees and penalties, and is waiting for the governor to sign.

Complete document from Colorado Federation of Dog Clubs and Owners is attached to the minutes.

Concurrent Specialty: Linda Kitzman, Pam Buhl, Shanan Streweler

Linda reported that the show did very well, with many positive comments. We had several entries from out of state and a wonderful total entry of 43 plus Sweepstakes entries. The gross income was \$1,814.99, and the gross expenses were \$2,271.51, for a net loss of \$456.52. Our original budget was \$1,500, so we think we did well financially. Thank you to everyone who showed and came to watch and support the competitors. If you have any suggestions for next year, please reach out to Linda Kitzman, Pam Buhl, or Shanan Streweler.

Pam Buhl would like to send a huge thank you to all who sponsored trophies. It allowed us to make the first June Concurrent Specialty extra special. Several of the trophies were made by fellow Samoyed owners, including Lizzie Fetzer, Jane Adams, and Raygen and John Best. Jane and the Bests also donated some lovely items for our drawing!

Shanan Streweler mentioned that the Rosette heads and regular rosettes all arrived early, with no last-minute stress, and plenty of time to build the shadow boxes.

Tammy Linnert did a great job organizing the ice cream social. Thanks to Greg Linnert for picking up the ice cream at the perfect time.

We hope everyone who attended had a wonderful time, and we are looking forward to and planning for next year!!

FastCat: Tammy Linnert

No report.

Historian/Librarian: Donna Dannen

Lori Elvera transported the boxes from Donna's house to Pam Buhl's house. Pam will inventory everything in time report at the July Meeting. Items were offered to Rex of the White Way Library but were not needed.

IT: Lori Elvera, Tammy Linnert, Lorrie McAllister, Cathy An

Lori Elvera reported that Cathy An is now a member of the committee and has been added to the Google Drive.

Summer Soiree: Tammy Linnert

The first of 3 dinners will be June 25th at 6:00 pm at Block & Bottle in Castle Rock, CO. Reach out to Tammy if you have suggestions for the July (North) and August (Central) dinners. We have 18 people committed to the June dinner.

Hospitality/Holiday Party: Tammy Linnert

Holiday Party will be held on December 13, 2026, at the Fox Hollow Golf Club. Deposit has been paid.

Local Specialty 2026: Lori Elvera

Lori Elvera pointed out that AKC fees have increased this year and asked if we should raise our entry fees to help offset the new expense. After discussion, Lori made a motion and Rodney Martin seconded.

Motion 26-010: Lori Elvera moved to increase conformation entry fees to \$33.00 for the first entry, and to increase Sweepstakes, Puppy Classes, and additional entries at the same show to \$28.00, seconded by Rodney Martin. Approved. We will offer pre-ordered catalogs again this year for \$5. We will also order an extra 10 copies for people who miss the pre-order.

We will be offering a Pee Wee Class this year. RV spaces are \$40/night. Rodney and Cheryl Martin will oversee RVs and will open and close the buildings. Rodney will also bring pet waste stations and photo stand, as well as the cardboard for covering the windows.

Hospitality will be handled by Linda Kitzman and Pam Buhl, with Cathy An and Valerie Passmore helping.

The Aussie club will power wash the mats for us (Yay)

Linda Kitzman has cleaning supplies and buckets for near the rings and in the grooming area and the club banner for the grooming area.

Tee Shirts are on sale through June 29th.

Local Specialty 2027: Cheryl Martin

No report.

Public Education

DSA will participate in Meet the Breeds at the Colorado Kennel Club Shows in February 2027

Sam-O-Gram: Martha Lageschulte

Need articles and items by first of month.

Social Media: Lori Elvera, Pam Buhl

Our Public page has over 200 followers.

Rescue: Sue Wangerin

4-year old female Samoyed in Loveland in need of a new home was adopted by a couple we referred.

Old Business

None.

New Business**BY-LAWS**

Voting on approval of the revised By-Laws and Staggered Board of Director terms.

Staggered Board Terms: In November 2026 two board members will be elected for a 2-year term, and 2 board members will be elected for a 1-year term. This will guarantee that no more than 2 board members' terms shall end at the same time unless there is a vacancy to be filled. In November 2027 and forward, two board members will be elected for a 2-year term. In 2026, two of the current board members will be elected to a 1-year term for continuity.

Other items addressed by the By-Law changes include a change in our described territory from "Denver Metro Area" to "Greater Denver Area" This change was requested by AKC.

A stipulation allowing meetings to be changed to Zoom due to inclement weather is also included. A change in the nominating committee to include 3 members, only 1 of which is from the board, and 1 alternate (not 2 alternates as currently stated) and allowing the nominating committee to nominate more than 1 individual to a position. The nominating committee will also be required to contact all eligible club members to determine if they are interested in serving as an officer or board member.

Discussion included questions about term limits. Only the president position is term limited to a 2-year term. Reasons for not imposing term limits are that historically we have had issues with finding people willing to serve. Reason for staggering board terms is that it helps guarantee that there are always at least 2 board members with some board experience to help with continuity. and Terry Walb seconds.

Motion 26-011: Tammy Linnert moved - In November 2026 two board members will be elected for a 2-year term, and 2 board members will be elected for a 1-year term. This will guarantee that no more than 2 board members'

terms shall end at the same time unless there is a vacancy to be filled. In November 2027 and forward, 2 board members will be elected for a 2-year term. Second by Terry Walb. Approved.

A vote was taken to approve the new By-Laws. By-Laws were approved by a 2/3rd majority vote. By-Laws approved. Terry will send new By-Laws to AKC for their approval, but the new By-Laws will take effect immediately for the club.

LOCAL SPECIALTY

Discuss Pros and Cons of options for holding our local specialty. We have 3 options.

- Continue to hold the specialty at Douglas County Fairgrounds over Thanksgiving weekend as we have been doing.
- Hold Specialty at Douglas County Fairgrounds but change dates to the second weekend in March.
- Continue to have Specialty the weekend after Thanksgiving but move the venue to Under the Sun Dog Training in north Colorado Springs.

This discussion was tabled until the next meeting as we ran out of time.

Barks 'n' Growls

Cheryl & Rodney Martin: Aries has puppies and is a wonderful mom! 2 girls and 3 boys, 5 weeks old!

Lori Elvera: Miles was BOS at the Concurrent Specialty and BOB/OHBOB all 3 days at Plum Creek KC. He also received 2 OH Group 1s, and OH Group 3, and a Regular Group 2 at Plum Creek KC.

Martha Lageschulte: Over Memorial Day Weekend, Capella earned her Excellent Standard Agility Title.

Shanan Streweler: At the Flatirons Shows, their Siberian boy puppy took BOB over specials, and his sister took BOS.

Linda Kitzman: Showed Clarissa Black's boy to his championship, going WD/BOW/BOB/Group2 on Friday, and WD Saturday afternoon and BOS on Sunday at the Flatirons Shows.

Diana Healy: Her girl finished her championship on Saturday, going WB/BOW at the Specialty and WB/BOW/BOB Saturday afternoon, as well as winning a group 1 Saturday.

Pam Buhl: Shimmer, BISS, MOHBIS, GCHS Queen City's Heart of Gold, RN, BCAT, FITB was Best in Specialty Show from the veteran class. She was also OHBOB, Best Veteran, and Best in Veteran Sweepstakes. Her daughter Appa was Select bitch at the Saturday afternoon show. And her other daughter, Hiccup, was WB on Sunday at Laramie.

Tammy Linnert: Winter was Select Bitch and OHBOB on Sunday at Laramie.

Jan and Kent Cherne: At Plum Creek KC, BUZZ - ASCA CH/GCH Makita Alnair Oncl9, TKN BCAT picked up 6 more quals in Fast Cat and needs just 8 points for his DCAT title

Julie and Joe Morris: At Flatirons KC, TRACY - Catalina's Life's a Dance, DCAT RATN TKN, was WB/BOS for 2pts and at the Plum Creek KC she was WB for 1 pt.

Lorrie McAllister: Her puppy Keena debuted at the Flatirons KC 4-6-month Puppy class and won 2 Puppy Working Group 2s and a Puppy Working Group 1.

The meeting was adjourned at 8:24 p.m.

Respectfully submitted,
Pam Buhl, Recording Secretary

TREASURER'S REPORT, ENDING 6/30/2026

GENERAL FUND

Opening Balance		30,567.77
Income		
	Agility Trial	12,276.00
	Concurrent Specialty Income	1,088.09
	FastCAT Income	7,497.25
	Local Specialty Income	2,552.12
	Membership	722.48
	Ways & Means	406.87
	Total Income	24,542.81
Expenses		
	Agility Expense	-9,614.78
	Bank Charges	-18.3
	Cheer	-39
	Concurrent Specialty Expense	-1,340.91
	FastCAT Expenses	-720.18
	Holiday Party Expense	-250
	Hospitality	-60.88
	Legislation	-100
	Local Specialty Expenses	-1,962.64
	Local Specialty Shipping fees	28
	Miscellaneous	-25
	Public Education	-91.14
	Treasurer Expense	5.24
	Website Expenses	-966
	Zoom Subscription	-185.45
Total Expenses		-15,341.04
Closing Balance		30,524.63
TOTAL		9,201.77

RESCUE FUND

Opening Balance		9768.59
Income		
	Donation to DSR	5,148.50
	Transfer from CD	21,642.82
	Total Income	26,791.32
Expenses		
	Charitable Donations	-1,250.00
	DSR CD	-5,000.00
	Transfer to CD	-21,642.82
	Total Expenses	-27,892.82
TOTAL		-1,101.50
Closing Balance		9768.59

LOCAL SPECIALTY OPTION 1

Proposal for DSA November Specialty Douglas County, Thanksgiving Weekend

Facility Rental	3 days	\$600	\$1800	deposit \$500
------------------------	---------------	--------------	---------------	----------------------

Friday set up, Saturday and Sunday shows

Ring & Obedience Equipment	\$350
---------------------------------------	--------------

No charge for tables or chairs

No charge for electricity

Total	\$2150
--------------	---------------

Continue as we have for the past years.

The big change is that we cannot get a signed contract for the facility until 6 months prior to show.

RV spots \$30/space.

LOCAL SPECIALTY OPTION 2

Proposal for DSA November Specialty Douglas County, 2nd weekend of March

Facility Rental	3 days	\$600	\$1800	deposit \$500
------------------------	---------------	--------------	---------------	----------------------

Friday set up, Saturday and Sunday shows

Ring & Obedience Equipment	\$350
---------------------------------------	--------------

No charge for tables or chairs

No charge for electricity

Total	\$2150
--------------	---------------

We would be subletting the facility through Palmer Divide Agility Club. This allows us to get a signed contract 12 months prior to our event.

RV spots \$30/space.

LOCAL SPECIALTY OPTION 3

Proposal for DSA November Specialty at Under the Sun Dog Training (THIS IS ONLY AVAILABLE AT THIS COST FOR THANKSGIVING WEEKEND)

Facility Rental	2 days	\$900	\$1800
------------------------	---------------	--------------	---------------

Saturday and Sunday (Move in Friday No Charge). Plenty of space for grooming in the facility

Obedience Equipment	1 day	\$25	\$25
----------------------------	--------------	-------------	-------------

Saturday only

Tables	30	\$5	\$150
---------------	-----------	------------	--------------

Estimate the need for 20 tables on Saturday and 10 on Sunday. They have a combo of 6' and 8' tables (15 of each size) No charge for chairs

Electrical Outlets (4 to a box)	15	\$25	\$375
--	-----------	-------------	--------------

***Estimated**each electrical outlet has 4 plugs total of 60 plugs. They will not charge until after show and we know how many we need*

Total			\$2350
--------------	--	--	---------------

Dog bath available for the weekend for an additional \$50.

****They will bill electrical and tables after the show to reflect what was really used****

Large bathrooms located in the building adjacent to the room the where the rings are located.

There is a breakroom with a fridge, table and counter we can use for our coffee pots, etc. This would save electrical outlet use in the ring area.

Banquet can be set up in the facility like we do at DougCo.

Separate room for Show secretary that joins the show area via a window that opens.

Dry camping for 3-4 rigs @\$25 each.

5 pet friendly hotels within 5 minutes of the facility, another 8 hotels within 10 minutes.

Footing is artificial turf. There is a mezzanine (upstairs) for viewing.

PA system available to rent but never needed in the past, so not included.

Is Intermittent Fasting Good for Dogs?

If you're trying to manage weight or perhaps you suffer from stomach issues or allergies, you've probably tried one of the various diets floating around. Carnivore, Paleo, Keto, Vegan, Blood type, Gluten-free, Zone Diet, the list goes on.

While these diets tend to focus on what you eat, Intermittent Fasting focuses on when you eat. Essentially, it's an eating pattern that is split into periods of eating and fasting. You don't limit what you consume but control when you consume it.

Many people say they reap the benefits of intermittent fasting, but are there any benefits of your dog fasting? Most dogs will eat one or two meals a day, but some benefit from more or less — it just depends.

It's an interesting topic and one worth exploring. So, with help from our in-house nutritionist, Laura Ward, we wrote an article on the benefits and challenges of intermittent fasting for dogs.

What is intermittent fasting for dogs?

Intermittent fasting works by prolonging the period when your body has burned through the calories consumed during your last meal and begins burning fat.

Humans who have tried the eating plan themselves and tried it with their dogs have claimed tons of benefits. These include improved heart health, physical performance, and reduced obesity. Other reports suggest temporarily fasting could help your dog with certain stomach issues, and some dogs are well-suited to eating just once a day.

How to Help Your Overweight Dog Lose Weight

Intermittent fasting for dogs mimics the natural eating patterns of wild dogs and wolves, who typically hunt and eat in a feast-or-famine pattern. Therefore, those who believe dogs should follow their ancestral habits might have their dog follow this plan.

However, dogs have been living with humans for centuries and as you know, are becoming more human by the day! Their dietary needs and habits now more closely mirror ours, making direct comparisons to wolves a little more complex.

How can your dog benefit from intermittent fasting?

"It works for some dogs but not others," says Laura. "Your dog may thrive on eating once per day. For other dogs, it can be preferable to split their daily food to feed at different times. Whether that's to manage their hunger, for training, to keep them occupied, or other reasons."

A small study was conducted where they randomly assigned 10 healthy dogs to three different diets. Dogs in the intermittent fasting group tended to lose more weight and had lower blood glucose and insulin concentrations.

A further study found that adult dogs fed once daily showed better average cognitive scores and were less likely to experience gastrointestinal, dental, orthopedic, kidney, and liver/pancreas health issues compared to those fed more frequently. While this study doesn't establish direct cause and effect, it aligns with previous research in mice and humans suggesting that time-restricted feeding may contribute to improved cognitive function and overall physical health.

Other possible benefits include:

Weight management

Fasting can help dogs burn stored fat for energy, promoting weight loss and preventing obesity-related health problems.

Improved digestion

Giving the digestive system a break can allow it to rest and reset, which may be beneficial for dogs with sensitive stomachs or digestive issues.

Reduced inflammation

Fasting can help reduce inflammation throughout the body by lowering insulin levels and triggering processes like cellular repair and autophagy.

Cellular repair and renewal

Fasting can trigger autophagy, a process where cells remove damaged components and promote the regeneration of healthy cells.

Improved insulin sensitivity

Fasting can improve the body's sensitivity to insulin, potentially reducing the risk of developing diabetes and metabolic syndrome.

Detoxification

Fasting can help the body eliminate toxins by giving the digestive system a break and promoting the removal of toxins stored in fat cells.

How to implement a fasting regime for your dog

Canine obesity is a growing concern among U.S. pet parents, leading some to consider fasting as a potential solution. However, since a dog's nutritional needs vary based on age, size, activity level, and health conditions, there is no one-size-fits-all approach. For dogs with a veterinary condition, it's essential to consult a vet before making any dietary changes.

Intermittent fasting for dogs typically involves feeding one or two large meals per day with fasting periods of 8–24 hours. Some pet parents choose to fast their dogs once or twice a week or even once a month, while others simply extend the time between regular meals.

Enrichment-style feeding, where food is used within puzzles or search games to encourage your dog to use their senses, may still be incorporated into a fasting routine. Many dog parents who use scatter feeding, or food-based search games to

slow down meal times and encourage their dogs to search for their food could continue to do this, but maintain a period without food in between each feeding time.

Where enrichment feeding is used more often, or in combination, this is not aligned with fasting. Regular feeding in this manner, although providing other benefits of calming or entertainment for the dog, is more frequent so the fasting period is not maintained.

When is fasting not good for your dog?

An expert should help you determine if fasting is needed or if it's the best approach for your dog. "Although there is science that suggests once-a-day feeding is beneficial and many dog parents have incorporated such feeding methods over the years, it ultimately comes down to the individual dog.

"It's also important to note that some dogs can vomit bile when they are hungry so if this starts happening during a fast, it indicates that more regular feeding times suit your dog best," says Laura.

Although there are no studies on each type of feeding, you should generally avoid fasting puppies. "We initially feed puppies four times a day because their fast growth means they cannot regulate their blood sugar over longer periods of time," says Laura. "Puppies should continue to be fed smaller meals, regularly, to ensure they receive the nutrition they require for their development."

If your dog has a recognized health issue, seek advice from your vet as conditions such as diabetes will require blood sugar management and a particular feeding schedule.

Reprinted from Dog Food Advisory Blog, March 25, 2026



NOHS Levels of Achievement Titles

The American Kennel Club is pleased to share an exciting update regarding the National Owner-Handled Series (NOHS) program. Effective May 20, 2026, owners of dogs that have earned NOHS Levels of Achievement certificates will have the option to add these accomplishments as an official suffix title to their dog's AKC record. This title will be reflected on all future AKC pedigrees and registration certificates. Owners may apply for the title at any achievement level (Bronze, Silver, Gold, or Platinum), and titles will be grandfathered back to the inception of the NOHS program.

The NOHS program was created to showcase dogs exhibited by non-professional owner handlers. Launched as a pilot program in 2012, it has become extremely popular and is now offered at 92% of All-Breed shows across the country. The first NOHS Finals were held in Orlando in 2013, and the event has continued to expand, reaching 818 entries in 2025. Since 2022, AKC has recognized owner-handler achievements through the NOHS Levels of Achievement certificates and pins. The program continued to grow with the introduction of Regional stand-alone NOHS events in 2024.

Adding NOHS Levels of Achievement as suffix titles allows these accomplishments to become a permanent part of a dog's official AKC record, offering lasting recognition of the success of owner-handlers. Owners can apply through [AKC Title Application Portal \(TAP\)](#) using their dog's AKC registration number. This new addition reflects AKC's continued commitment to supporting owner-handlers and celebrating their contributions to the sport. Questions can be emailed to clubdevelopment@akc.org.

Guy Fisher

Director Club Development

919-816-3705